

grande prairie
voice for life 

Presentations Available for Youth Groups

The Healthy Relationships: HEART, MIND, BODY

- Healthy Relationships: Consider the MIND, HEART, BODY respect and value
- Examine the impact of the human reproductive process
 - Body: Basic reproductive biology
 - Mind: Decision making, personal “brakes”, brain development timeline
 - Heart: Impact of Dopamine, Serotonin, Oxytocin on Emotions
 - Misunderstandings associated with development
- Examine benefits of abstinence with respect to mind, body, and heart impact
- Body image/self-esteem/expectations
 - Media and Culture Influence
 - Support available from parents and safe adults
 - Support from peers
 - Changing your self-talk
- Protecting your digital body and respecting the digital body of others
 - Digital World: What is its reach? (space and time)
 - What does Canadian Law say about minors and sexting?
 - Is the internet always a reliable source of information?
 - Information and resources from NCOSE and FightTheNewDrug.org
- Develop personal resiliency and decision-making skills:
 - Weigh the pros and cons of various choices
 - Think of the big picture - what goals do you have?
 - What plan do you have to achieve your goal?
 - Who is in your support system to help you achieve personal goals?

Safety in the Digital World: Sexting, Sextortion, & Canadian Law (PG)

Is sharing an explicit text message really “no big deal” or does it put you, your future self and those with whom you share images with – at risk? Consider the reach and impact of the digital world. What do you do if someone sends you a sext? What do you do if you know of someone sharing explicit photos or messages? What can you do if you have been sending explicit photos, but you want to backtrack?

This presentation examines the reach of the digital world as well as the impact our digital footprint has, now and in the future. We examine cases of minors involved in “sexting” and sending comments that were preserved in the digital world, and how it impacted their lives.

We will take into consideration Canadian Law, stories from tech experts, what neuroscience says about brain development, and healthy relationships that value and respect the mind, heart and body of self and others. This and practical tips for dealing with challenging situations in the digital world.



YOUTH

Harms of Pornography - NCOSE (PG content)

This presentation was developed by The National Center on Sexual Exploitation and is being shared in classrooms with permission. It is a very informative presentation without using graphic language. This presentation aims to question the impact of pornography from a neuroscience perspective that is factual and compassionate. Students will be challenged to look at the underlying message of pornography and question its impact on the developing brain, self-image and perception of others. For those that find themselves wanting to change their viewing habits, online support resources including Fight the New Drug, NCOSE, Strength to Fight, and Fortify are listed.

HUMAN TRAFFICKING AWARENESS:

Human Trafficking in Canada (1.5hr)

What are the signs? What can you do about it? This presentation is a brief introduction to the history and current facts of human trafficking in Canada. Participants will be given information on how to recognize exploitative relationships in their own lives, the lives of friends as well as an introduction in how to impact their own community. With awareness and education, we work towards creating an environment that is not hospitable to human traffickers. When we realize that almost 100% of trafficking victims were first trafficked during their school years, then we realize how essential it is to educate students before they become targeted. The goal of this presentation is leave students feeling equipped and empowered through awareness, so their own relationships can be healthy.

HUMAN TRAFFICKING AWARENESS:

A-21: Bodies are Not Commodities (PG content)

Education is where awareness meets action. The A21 *Bodies Are Not Commodities* curriculum equips students with tools to combat human trafficking in the world around them. It is innovative, interactive, and designed to connect students to the reality of human trafficking and so they can be a part of the solution.

Students are an integral part of the catalyst for change and some of the most at-risk population for becoming victims of trafficking. Our USA aftercare specialist confirms, “Almost 100% of our survivors were trafficked during school years.” It is our job to prevent human trafficking before it even begins.

Quick Facts:

- Five multimedia and interactive sessions
- Aligned to education standards (USA – CORE)
- Paced at 5, 10, or 15 class periods of approximately 45 minutes
- Includes student guides

Curriculum Content:

- **Session One:** How has slavery evolved?
- **Session Two:** What is human trafficking?
- **Session Three:** How does someone become a victim?
- **Session Four:** How do we abolish human trafficking?
- **Session Five:** How can I abolish human trafficking?

HUMAN TRAFFICKING AWARENESS:

Defend Dignity: Exposing Exploitation (PG content)

This series of presentations will cover material provided by Defend Dignity and written for high school students. Defend Dignity is a Canadian organization that works to educate people on human trafficking and sexual exploitation as it appears in Canada. Participants will learn what sexual exploitation looks like in Canada, what the signs of an exploitive relationship are, and what you can do to prevent and help end sexual exploitation. Please book 2+ presentations to allow for time to cover the material. These sessions can be as short as 30mins or longer depending on the time available. It would be a perfect addition to the itinerary for a Human Trafficking Awareness Club at your local high school or youth group.

Outline:

- What is sexual exploitation? What are the signs?
- How is a victim groomed and lured?
- The role of online technology in Canadian sexual exploitation
- How demand for paid sex fuels sexual exploitation
- Vulnerability of young and indigenous women in Canada
- What you can do to prevent and help end sexual exploitation

Conquer Series (Faith Based Option)

This series of DVDs is available for youth groups to borrow, along with book material that has been developed for groups of young men or young women.

Conquer Series Volume 1, unrivaled in its scope and authority is a cinematic teaching series that offers men [*or young women, and young men*] proven principles and practical tools to break free from pornography. The 5-week curriculum is hosted by Dr. Ted Robert, a former Marine fighter pilot who has for 30+ years helped thousands of men find freedom from porn. Include are action packed scenes from Dr. Roberts' war experience. We take a close look at the battle field, exam the bondage that takes place in the mind and study key biblical principles to help men prevail against the enemy. Freedom is in your grasp. Join the Movement!

Conquer Series Volume 2 is a powerful cinematic teaching series that builds and expands on the proven principles and practical tools taught in Volume 1. The 5-week curriculum is hosted by Dr. Ted Roberts. We take a look at demolishing strongholds, examine real proven strategies for freedom and present a battle plan for purity. Continue the journey with Conquer Series Volume 2.

Trailers and many reviews are available online.

This information is excellent! The discussion is from a compassionate, neuroscience and biblically based perspective. In a sex saturated digitally based culture where it is easier to find pornography than it is to avoid it, we must be having this conversation with our youth. Lets approach the discussion in a way that does not isolate in shame and instead effectively equips with practical tools to develop internal filters, and a healthy view of self and others.